

## SUGGESTED USE

As a dietary supplement, take 1 vegetarian softgel daily, preferably with a meal.

DHA (docosahexaenoic acid), an omega-3 fatty acid, is a major structural fatty acid in the brain and eyes. It's also a key component of the heart. Studies have shown DHA supports cardiovascular and brain function, healthy eyes and joint mobility. Unlike other sources of DHA, lifes DHA™ is a vegetarian source (algae). Experience the benefits of DHA without the worry of ocean-born pollutants and mercury potentially found in certain fish.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

### Pure Vegan

1610 W. Whispering Dr. • Phoenix, AZ 85085  
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Keep Out Of Reach Of Children.  
Store In A Cool Dry Place.



PURE VEGAN



# DHA

## 200 mg



*All-Vegetarian  
Omega-3*

A DIETARY SUPPLEMENT

• 60 VEGETARIAN SOFTGELS •

## Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 60

Amount Per Serving	% Daily Value	
Calories	5	
Calories from Fat	5	
Total Fat	0.5g	1%
DHA (Docosahexaenoic acid from algal oil)	200 mg	†

†Daily Value not established.

**Other Ingredients:** Algal oil, modified corn starch, glycerin, high oleic sunflower oil, water, carrageenan, sorbitol, ascorbyl palmitate and tocopherols (antioxidants) natural flavor, sunflower lecithin, beta-carotene and caramel (coloring).

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